Youth Development

Multidisciplinary approaches.
Innovative methodologies.
Credible, actionable evidence.
Improved adolescent and community outcomes.
Our Focus

We conduct rigorous evaluations to determine the effectiveness of strategies to reduce risk-taking behaviors and increase resilience among youth. Our work contributes to the growing evidence base of effective programs for vulnerable youth.

These evaluations are built on a commitment to collaboration with practitioners and policy makers every step of the way. We tailor each evaluation to the unique contexts in which programs are implemented.

We collect high-quality sensitive data in a variety of settings, and help our clients engage with and use the data for decision-making.

What We’re Doing

Analyzing the impact of replicating evidence-based programs on sexual behaviors, attitudes, and knowledge among teens across the U.S.

Rigorously evaluating the Teen Outreach Program in 24 schools in Hennepin County, Minnesota.

Conducting a formative evaluation and building the capacity of an organization serving disconnected youth in Massachusetts to participate in a rigorous impact evaluation.

Identifying parenting strategies linked to positive adolescent behavior.

Evaluating Transitional Living Programs’ effects on social connections, psychosocial well-being, housing, education, and employment among runaway and homeless teens across the U.S.

Studying the implementation of the Teen Prevention Education Program, a sexual health peer education program in North Carolina.
Content Expertise

- Adolescent risk-taking behaviors
- Teen pregnancy and STIs
- Adolescent alcohol and other substance abuse
- Juvenile delinquency and juvenile justice
- Home visiting programs
- Programs and services for pregnant and parenting teens
- Homeless, runaway, and system-involved youth
- Federal and local policy affecting adolescent services
- Evidence-based youth programming
- Nonprofit capacity-building
- Community development and collaboration
- Complex stakeholder contexts

Research/Evaluation and Technical Assistance

- Experimental and quasi-experimental studies; outcome evaluations
- Process and implementation evaluations
- Capacity-building for evaluation and performance monitoring
- Flexible modes of data collection for hard-to-reach and vulnerable populations
- Survey design and sampling
- Cost-benefit and cost-effectiveness studies

Our Clients

About Abt Associates

We are a mission-driven, global leader in research, evaluation, and program implementation in the fields of health, education and social policy.

About Youth Development at Abt Associates

OUR TEAM

Our team comprises researchers in public policy, evaluation and measurement, public health, sociology, psychology, human development, economics, statistics, and other related disciplines, committed to improving adolescent health and well-being.

LEARN MORE

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