



HealthRise:

Improving Care for People Living with Cardiovascular Disease, Diabetes

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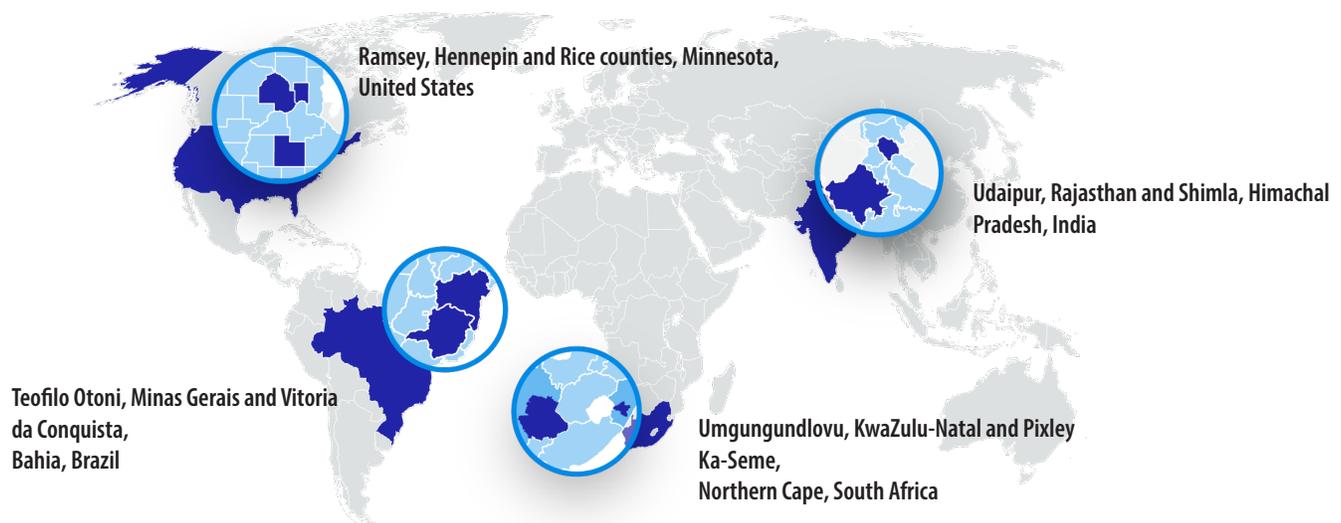
HealthRise is a five-year, \$17-million global effort funded by the Medtronic Foundation designed to expand access to care for cardiovascular disease (CVD) and diabetes among underserved populations in Brazil, India, South Africa and the United States. HealthRise aims to contribute to the World Health Organization's goal of reducing premature mortality associated with chronic, non-communicable diseases (NCDs) by 25% by 2025 through the implementation and evaluation of innovative, scalable, and sustainable community-based demonstration projects. These projects empower patients, strengthen frontline health workers, and advance policies to increase the detection, management and control of CVD and diabetes.

The HealthRise Approach: Extending Care into Communities and Homes

HealthRise is strengthening health care delivery and extending care into community and home-based settings to improve health outcomes for underserved populations. Interventions conducted by local HealthRise partners include:

- Leveraging mobile technology to improve communication between patients and providers and expand access to diabetes and CVD diagnosis and care in community and primary care settings.
- Establishing patient support groups and caregiver/ community groups to encourage treatment adherence and healthy behaviors.
- Building and strengthening coordinated care teams, integrating both community paramedics and community health workers as part of service provision, to holistically reduce barriers to care and address social determinants of health.
- Embedding clinical services in a community grocery store, the first of its kind in an urban food desert. Patients are guided through food choices and incentivized to both buy healthy foods and get routine clinical care, such as monitoring blood pressure and blood sugar levels.
- Training community health workers to provide home-based chronic care linked to supportive supervision and care teams.

Both global and local in nature, HealthRise focuses its efforts in select communities in the following geographies:



The Global Burden of Chronic Disease

- Chronic NCDs such as diabetes and CVD account for more deaths globally than any other cause and total 75% of healthcare costs.
- Worldwide, more than 100,000 people die from an NCD every day.
- A disproportionate toll is taken on those who cannot afford care, cannot physically access care, or have limited knowledge of their condition, their local health care system, or their rights as patients.

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HEALTHRISE GLOBAL PARTNERS

Medtronic Foundation

Medtronic is the global leader in medical technology, services and solutions. Medtronic Foundation focuses on expanding access to quality chronic disease care among underserved populations worldwide.

Abt Associates

Abt Associates coordinates HealthRise global and country-level programs. Abt is a mission-driven, global leader in research and program implementation in the fields of health, social and environmental policy, and international development.

The Institute for Health Metrics and Evaluation (IHME)

IHME drives HealthRise monitoring and evaluation. IHME is an independent global health research organization at the University of Washington that provides rigorous and comparable measurement of the world's most important health problems.

Human Sciences Research Council (HSRC)

The HSRC is a statutory research agency based in South Africa that conducts large-scale, policy relevant, social-scientific research for public sector users, non-governmental organizations and international development agencies.

Instituto Sírio-Libanês de Ensino e Pesquisa (IEP)

The IEP is a healthcare training and research institute in São Paulo located within the Hospital Sírio-Libanês. IEP has more than 30 years of experience in managing research and multi-professional learning events all over Brazil.